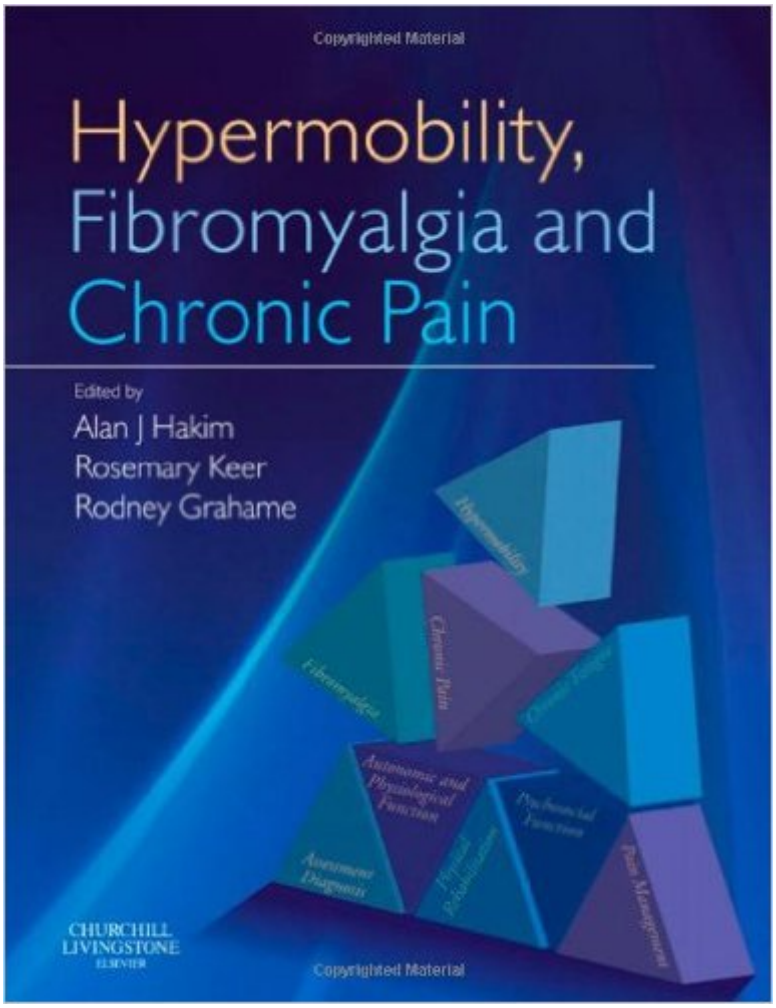
Hypermobility, Fibromyalgia And Chronic Pain, 1e



Synopsis

This groundbreaking new text explains and documents the scientific basis of chronic pain in Joint Hypermobility Syndrome (JHS) and other heritable disorders of connective tissue from the physiological, epidemiological, genetic and clinical viewpoints. It asks the reader to consider the possibility of JHS, identify it clinically, understand its co-morbidities, including interdependencies with Fibromyalgia and Chronic Fatigue Syndrome, while managing the condition appropriately. Hypermobility, Fibromyalgia and Chronic Pain takes a multi-specialty and multidisciplinary approach to understanding JHS and its management, drawing together expertise from a broad group of internationally-recognized authors. The book is split into two sections. Section 1 deals with the clinical manifestations of JHS and Fibromyalgia, their epidemiology and pathophysiology. Section 2 covers clinical management. Here the reader will find chapters covering pharmacotherapeutics, psychotherapy and physical therapies that address the needs of patients from childhood to adulthood. It is hoped that Hypermobility, Fibromyalgia and Chronic Pain will advance knowledge of therapies and provoke further research while stimulating interest and encouraging debate.Comprehensively relates practical therapy to the nature of the underlying pathologyCovers in one single text both the scientific and practical management aspect of Joint Hypermobility Syndrome and its allied pathologiesContributions from over 30 leading international expertsMultidisciplinary approach will support all health professionals working in this field

Book Information

Paperback: 336 pages

Publisher: Churchill Livingstone; 1 edition (October 7, 2010)

Language: English

ISBN-10: 0702030058

ISBN-13: 978-0702030055

Product Dimensions: 7.3 x 0.6 x 9.6 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (8 customer reviews)

Best Sellers Rank: #796,822 in Books (See Top 100 in Books) #109 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Pain #215 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Fatigue Syndrome & Fibromyalgia #675 inÂ Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Physical Therapy

Customer Reviews

This volume is simply jam packed with a vast collection of all the good stuff: scholarship and science, passion and compassion, progressive thinking, hands-on shared expertise, techniques for caregivers, affirmation and clarity for patients, tables, diagrams, some pictures, with acknowlegement & discussion of subjects often misunderstood or under-reported as, for example, dysautonomia can be.I have to say I’m a fan. Could it be because I have generalized joint hypermobility from a heritable disorder of connective tissue? You bet. That I also have dysautonomia, an ’iffy’ neck, multiple surgeries on joints to help with early osteoarthritis? Absolutley. Maybe because I would not accept, ’your problem must be psychological as everything here’s looking normal’ from a respected medical center? Yup again.This group of authors and those that dedicate their lives to the care of patients with rare-ish disorders of connective tissue - the invisible disorders to the untrained eye often enough - to me are heroes. We only have one short life to live and when I think of the pain and sorrow of the array of people throughout the globe that suffer severe debilitating chronic pain, some flexible as a gymnast, that look ’never sick a day in their life’ I could cry. Yet these men and women and the clinicians mentioned throughout the book have spent their own very precious lives helping those with hypermobility....furthermore teaching other medical caregivers that they too can improve the quality of patients lives. It all begins with recognition. If you don’t know to look for it - well how can any hope of understanding and treatment ensue?

I bought this book in early 2012 as I was succumbing to a so-called "storm" or "cascade" of onset of Hypermobile type Ehlers-Danlos Syndrome that took me from walking to wheelchair in two weeks at 45. My LMT tipped me off to hypermobility, and a fellow patient on a Yahoo list-serve tipped me off to that being part of Ehlers-Danlos Syndrome with which I was subsequently diagnosed in February 2012. After 25 years of misdiagnosis and dismissal by too many doctors to count, I was eager to get my hands on everything I could read about it.This book is a consumate medical guide to this incredibly painful, systemic and hard to diagnose condition resulting from a collection of genetic collagen defects. Drs. Hakim, Grahame and Keer lay out the medical and physical signs and manifestations in clear medical terms best for informing their fellow doctors. But determined patients can benefit from reading it too with google or a medical dictionary handy to translate a bit. Dr. Brad Tinkle’s second edition book is a quicker and easier read for the layman or patient or busy doctor lacking time to drill down.That said, the book is becoming a bit dated, as research and study of Hypermobility and Ehlers-Danlos Syndromes steadily advances and the consensus grows around calling Hypermobility Syndrome, Joint Hypermobility Syndrome and Benign Joint Hypermobility Syndrome (quite passÃ©) all Hypermobile EDS now. (Not to be confused with the more rare but

more easily defined and diagnosed 5 other types of EDS which also now have distinct tissue markers available for diagnostic laboratory testing). Leading experts including Dr.

Hypermobility, Fibromyalgia and Chronic Pain, 1e Self-help Treatment for Chronic Fatigue Syndrome, M.E, Fibromyalgia and Adrenal Fatigue: The Sensitive's Solution: FREE Support Group (Chronic Fatigue Syndrome, M.E, Fibromyalgia, Chronic Fatigue) Brain Inflammation in Chronic Pain, Migraine and Fibromyalgia: The Paradigm-Shifting Guide for Doctors and Patients Dealing with Chronic Pain (Inflammation Mastery & Functional Inflammology) Why Does Mommy Hurt?: Helping Children Cope with the Challenges of Having a Caregiver with Chronic Pain, Fibromyalgia, or Autoimmune Disease Autoimmune Disease: Discover The Symptoms & Treatment of Chronic Pain & Genetic Disease (Musculoskeletal, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac Book 1) Defeat Chronic Pain Now!: Groundbreaking Strategies for Eliminating the Pain of Arthritis, Back and Neck Conditions, Migraines, Diabetic Neuropathy, and Chronic Illness The Better Bladder Book: A Holistic Approach to Healing Interstitial Cystitis & Chronic Pelvic Pain[THE BETTER BLADDER BOOK: A HOLISTIC APPROACH TO HEALING INTERSTITIAL CYSTITIS & CHRONIC PELVIC PAIN] by Cohan, Wendy (Author) on Nov-09-2010 Paperback Life Without Pain: Free Yourself from Chronic Back Pain, Headache, Arthritis Pain, and More, Without Surgery or Narcotic Drugs MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Joint Pain No More: How to Effectively Eliminate Pain and ease your Aches! (Pain Management, Muscle Pain, sports injury) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Wrist Pain,Neck Pain - Lower Back Pain - Should Treatments Be Focussed Only To The Area That Hurts?: A Comfortable Healthy Sleep Without Neck Pain And ... Neck Pillow, (Children health care Book 1) Treating and Beating Fibromyalgia & Chronic Fatigue Syndrome, 5th Ed Impaired Sensitivity to Thyroid Hormone (Thyroid Hormone Resistance): A Cause of Fibromyalgia, Chronic Fatigue, ME, Coeliac Disease, MS, Heart Disease, Depression and Many Other Conditions Treating & Beating Fibromyalgia and Chronic Fatigue Syndrome: a step-by-step program proven to help you get well again! Gut: The Key to Ultimate Health - SIBO, IBS & Fatigue (GAPS, Candida, Chronic Fatigue, Fibromyalgia, Adrenal Fatigue, SIBO, Parasites) The New Arthritis Cure: Eliminate Arthritis and Fibromyalgia Pain Permanently Arthritis: Fight it with the Blood Type Diet: The Individualized Plan for Defeating the Pain of Osteoarthritis, Rheumatoid Art hritis, Fibromyalgia, ... (Eat Right 4 (for) Your Type Health Library) The Tapping Solution for Pain Relief: A Step-by-Step Guide to

Reducing and Eliminating Chronic Pain Living Beyond Your Pain: Using Acceptance and Commitment Therapy to Ease Chronic Pain